

We are Happy to Announce That We Are Doing Business at Our Second Location Serving
Surrey, BC!



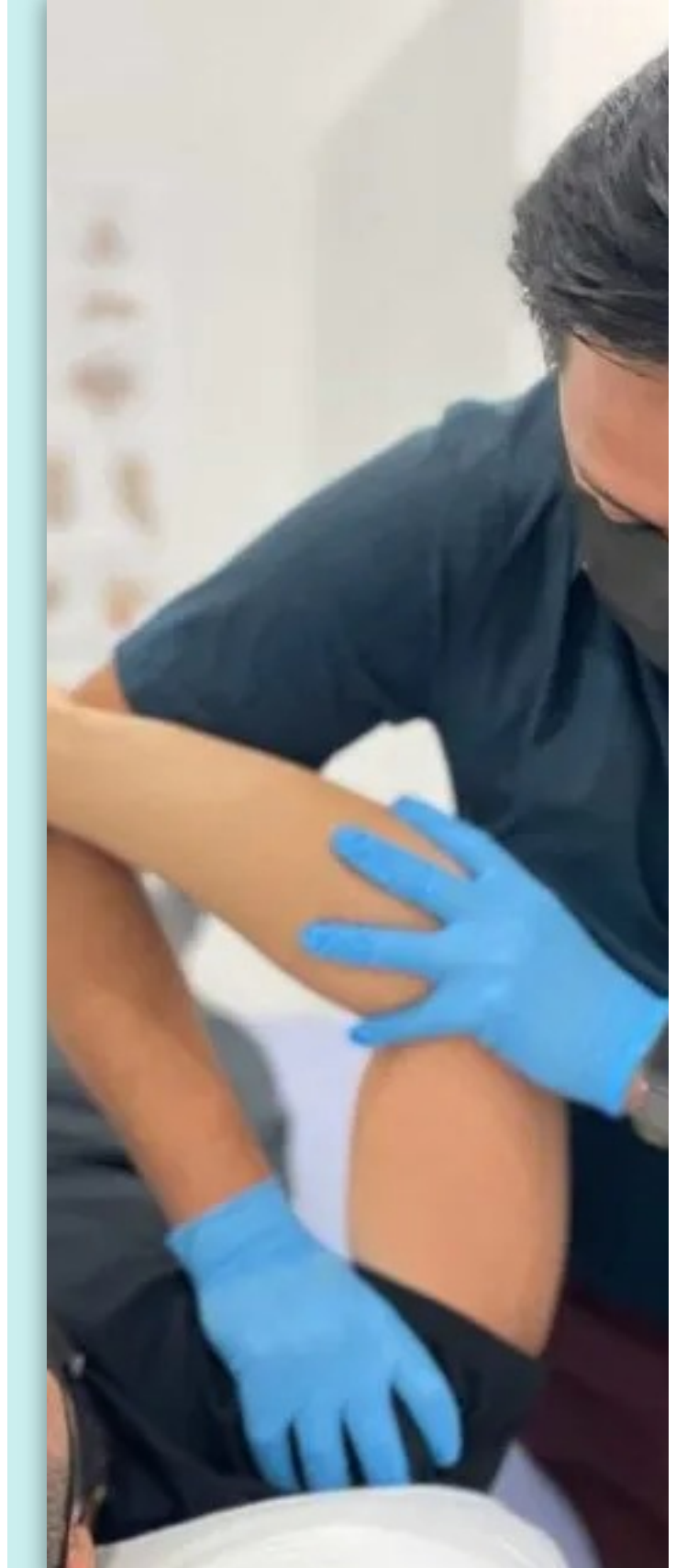
Call Us Now



[Home](#) » [Chiropractor](#)

Leading Local Chiropractors

Fountain Wellness





Headaches, shoulder aches, and back pain can significantly impact daily life and cause stress. It may seem like there is no solution to these discomforts, but fortunately, there is.

Many people seek [chiropractic adjustment](#) to address their spinal issues and improve their overall well-being. At Fountain Wellness, our chiropractors have assisted countless people in Surrey and Delta, helping them regain a healthy and active life. We use proven scientific methods to relieve pain and address the root causes of injuries.

Our approach focuses on treating the cause of your discomfort, not just the pain itself, which has earned us a reputation for delivering top-notch care. We aim to make you feel better from the inside out and get you back to enjoying life to the fullest.

Chiropractic Adjustment: Improving Your Health Naturally

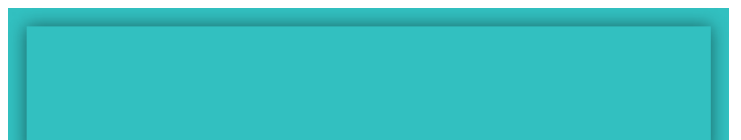
Chiropractic adjustments diagnose and treat problems related to your muscles and nerves. Regarding chiropractic management, the focus is primarily on your spinal manipulation. However, depending on the specific issue you're facing, other parts of your body can also be addressed.

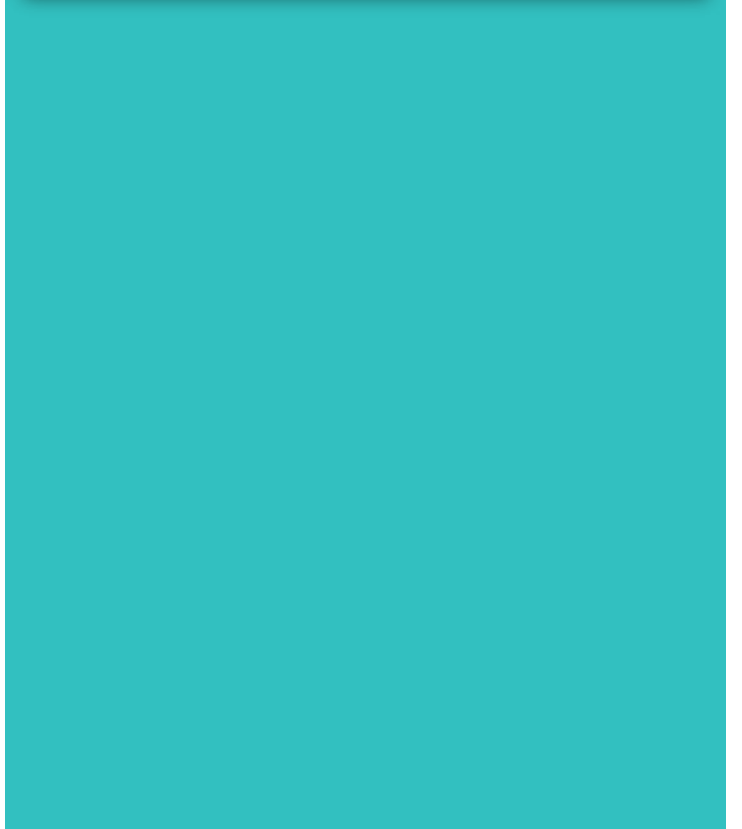
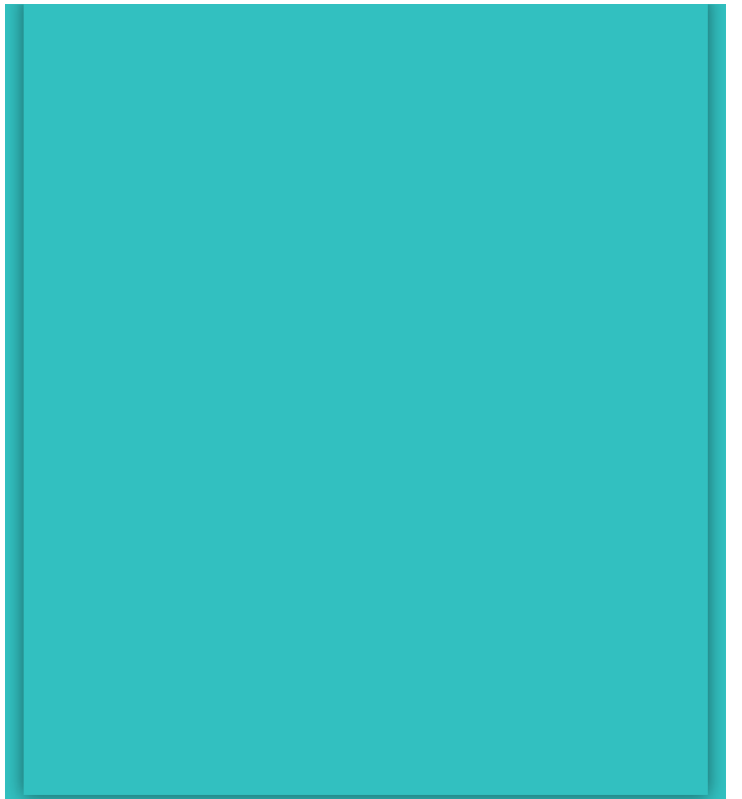
Chiropractic adjustment is a medical procedure performed by trained [chiropractors](#). They use their hands or a small tool to apply a controlled and quick force to a joint in your spine. This procedure, also known as spinal manipulation, aims to enhance the movement of your spine and improve how your body functions physically. Its goal is to promote better spinal motion and overall physical well-being.

Chiropractic treatment is similar to physical therapy, and people can benefit in some cases from both approaches. It uses hands-on manipulations and other techniques to help ease your discomfort. On the other hand, physical therapy, also known as physiotherapy, concentrates on rehabilitating injuries through stretches and exercises.

Why You Should See a Chiropractor in Delta and Surrey

Chiropractic therapy in Delta and Surrey offers various health advantages. Below are four reasons why you should seek chiropractic care.








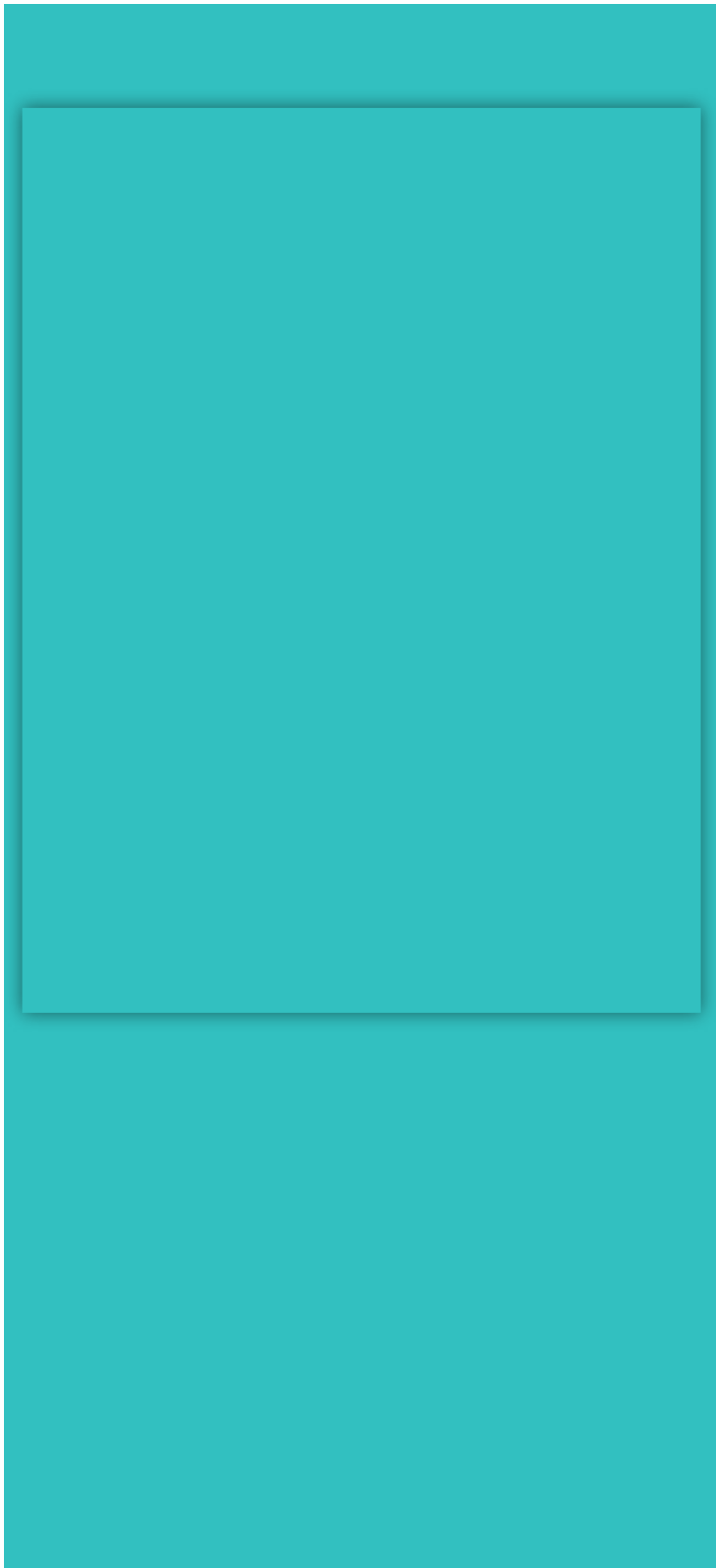
Are You Ready for Chiropractic Treatment?

Chiropractic Treatment Helps

With the help of our trained professionals, your body can heal itself by doing a controlled force of soft tissue techniques for the chiropractic process.

Check out some of the benefits:





Let Us Help You Get the Leading Chiropractic Services in Delta and Surrey

Getting to Know Your Medical History

When you take the first step for chiropractic treatment, the session will typically last more than an hour. This allows the practitioner to fully grasp your medical background and current symptoms. They will ask you different questions to better understand your health condition and customize the treatment accordingly.

We'll show you some examples of the questions you will be asked:

Why do you need our help? This helps our practitioner know the specific problems you want assistance with.

Have you had any past injuries? Previous injuries can give important information about your body and possible underlying conditions.

Are you currently experiencing any medical conditions? Knowing your present health conditions helps the chiropractor consider potential issues or precautions.

Have you ever used drugs or consumed alcohol? This information helps the practitioner understand your overall health and potential interactions with the treatment.

How much do you usually sleep? Sleep patterns can affect your overall well-being and recovery process.

The chiropractor can better assess your needs and create a personalized treatment plan by gathering detailed information about your medical history and current symptoms. This ensures you receive the most suitable care to address your concerns effectively.

Physical Exam

After the interview, the practitioner will perform a thorough physical examination. They will assess your spine, move your joints, and observe your walking to identify the problem. They will also check your muscle strength, reflexes, and range of motion. If necessary, the practitioner can request X-rays or blood pressure readings.

Chiropractic Treatment

When you visit our chiropractor, we can directly provide you with treatment. You can expect to lie on a special table; the practitioner will adjust your spine as needed. We will carefully check how well you can move your neck or back to find any problem areas.

Depending on your condition, he or she can offer additional treatments like physical therapy or heat/ice during the session. For the best results, most conditions require multiple visits. You'll probably need to schedule follow-up appointments to continue the treatment and reach your desired goals.

Relax, We've Got Your Back

Fountain Wellness is a family that truly cares about helping you. We are committed to enhancing your overall health by easing pain and restoring your body's function.

Our healthcare clinic offers a wide range of services in one place so you can receive complete wellness and medical care. Our licensed and registered therapists provide top-notch physiotherapy, acupuncture, kinesiology, pain management, registered massage therapy, and clinical counselling.

Join Fountain Wellness today and start your journey to a healthier lifestyle.

Name *

First

Last

Email *

Treatment of Interest

Message

SUBMIT

Frequently Asked Questions

— How does the nervous system relate to soft tissue therapy offered at Fountain Wellness?

At Fountain Wellness, our leading local chiropractors understand the intricate connection between the nervous system and soft tissue health. Soft tissue therapy techniques, such as massage and myofascial release, aim to address muscular tension and imbalances that can affect the nervous system. By releasing tension in the soft tissues, we can alleviate pressure on nerves, promote optimal nerve function, and support overall well-being.

+ Can mild headaches be relieved through neck manipulation provided by Fountain Wellness?

+ What is the significance of vertebral subluxation and its treatment at Fountain Wellness?

Menu

[Home](#)

[About Us](#)

[Book a Consult](#)

[Services](#) ▼

[Retail Items](#)


[Blog](#) ▼


[Contact Us](#)

[Locations](#) ▼


[Sitemap](#)

Fountain Wellness

 +1 (778) 590-1030

 102 - 7511 120th Street Delta,
BC, V4C 0C1

 Follow Us

 Like our page

Sign Up To Get Exclusive Deals On Products And Services!

E-Mail

[Subscribe](#)

Design By: CLIQ media